

Resources:

1800 RESPECT is the National Sexual Assault, Domestic Family Violence Counselling Service where support is offered on the phone 24/7.

<https://www.1800respect.org.au/help-and-support/>

Sexual Assault Support Service (SASS) is based in Southern Tasmania and provides 24-7 crisis support and Counselling services for free. SASS also is a Tasmanian Redress Scheme provider. Crisis Support phone number: 1800 697 877

<https://www.sass.org.au/247-crisis-response>

<https://www.sass.org.au/redress-scheme-support-service>

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Laurel House Sexual Assault Support Service is based in North and Northwest of Tasmania and provides 24/7 Crisis Support and Counselling services for free. Crisis Support Phone number: 1800 697 877

<https://laurelhouse.org.au/support-services/24-7-crisis-support/>

<https://laurelhouse.org.au/support-services/counselling/>

The Blue Knot Foundation provide a range of phone and email-based support and resources to support survivors who have experienced trauma early in life with a focus on adult survivors of childhood sexual abuse. Available 9am – 5pm, seven days a week, Phone: 1300 657 380 or email: helpline@blueknot.org.au

<https://www.blueknot.org.au/Survivor/support>

The National Redress Scheme is in response to the Royal Commission into institutional responses to child sexual abuse. More information on the Redress Scheme call 1800 737 377 or for a list of Tasmanian and Nationwide Redress Support Providers visit the following website:

<https://www.nationalredress.gov.au/support/explore/tas-redress-support-services>

Lifeline is a national charity providing all Australians experience a personal crisis with access to 24 hour crisis support and suicide prevention services on phone: 13 11 14 or on the following website:

<https://www.lifeline.org.au/get-help/online-services/crisis-chat>

Mensline Australia provides free phone and online counselling service for men with emotional health and relationship concerns on 1300 78 99 78 or on the website:

<https://mensline.org.au/phone-and-online-counselling/>

Suicide Call Back Service is a nationwide service that provides immediate telephone counselling and support in a crisis on 1300 659 467 or can be accessed online at:

<https://www.suicidecallbackservice.org.au/>

SAMSN (Survivors and Mates Support Network) an organisation for male survivors of child sexual abuse working with male survivors to facilitate support groups for men and their families. Helpline 1800 4 SAMSN (72676) or on the website:

<http://www.samsn.org.au/>

CatholicCare Tasmania responds to individuals, families and the community by offering a broad range of specialised professional services available to all.

Burnie 6431 8555

Devonport 6423 6100

Launceston 6332 0600

Newtown 6278 1660

<https://www.catholiccaretas.org.au/>